

AIS International Newsletter

Striving for International Mindedness

15th Edition

Wednesday, 21th June 2017

EDITION FOCUS: LOVE

Love is a strong feeling of affection towards someone or something.

Love is shown by positive actions and sacrifices for the person or thing you love. Love is also shown by paying deep interest and admiration to someone or something.

Love is essential to everyone as it gives us power and strength. Although love can be difficult and hard to understand it is one of the most important feelings we are blessed to have.

Senior Editor: Yvonne, grade 9

Love is experienced by different people in many different ways.

Love is beautiful. Love can be defined as a fuzzy warm feeling. A feeling of hope, trust and loyalty.

Editors: Charlotte & Pragya, grade 6

The Newsletter Crew will answer three questions connected to our focus for this issue.

- ❖ How do you show love
- ❖ What is love
- ❖ Why do we need love



OUR FOCUS

This edition's focus connects to all of the Learner Profile Attributes in some way, as we need love in everything that we do.

Can you think of other traits that are ideal for people to have?

Here are some more: self-control, joy, resilience, goodness, gentleness, faith and humility.



FINAL REFLECTION

The world's best selling book of all time has a lot to say about what love is. Here are some of its powerful quotes.

"Love is patient, love is kind. It does not envy, it does not boast, it is not proud, it does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres."

"Do to others as you would have them do to you."

"And now these three things remain: faith, hope and love. But the greatest of these is love."

"Be completely humble and gentle; be patient, bearing with one another in love."

--Ms Deborah: Editor in Chief



WE LOVE THE EXHIBITION!

The International Baccalaureate® aims to develop inquiring, knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect.

To this end the organization works with schools, governments and international organizations to develop challenging programmes of international education and rigorous assessment.

These programmes encourage students across the world to become active, compassionate and lifelong learners who understand that other people, with their differences, can also be right.

<http://www.ibo.org/about-the-ib/mission/>

(Assistant Head of AIS)

WHERE DOES LOVE COME FROM?

Where does love originate from? Do you show love, in some way, everyday?

Do you receive love, in some way, everyday?

Can love be measured?

Can love be bought?

Can love be destroyed?

Can love turn into hate?

Do you see yourself in the description of love that was written in the Final Reflection section? Which points do you think you need to work on?



THE NEWSLETTER CREW

Our Newsletter Crew is made up of talented, dedicated students who volunteer their time and make valuable contributions. They are dedicated, enthusiastic students who really like the work involved in the newsletter.

The Aim for the Newsletter Crew

Aim: Give students the chance to interact with their local, national and global community through realistic work experience. Jobs can be done by any student who is interested, regardless of which grade they are in, as the jobs are given based on motivation, dedication and skill. The assigned work does is great work experience for the students! Thank you to Charlotte and Pragya, in grade 6, for choosing this edition's focus: love. A **BIG THANKS** to all our Newsletter Crew members that work hard on each edition.

Time

Remember our column on time in our May edition? When you think about love, time speaks for itself. As time is precious, spending time with someone is the ultimate way of showing them that you love them. Can you imagine loving someone so much that you would want to spend an eternity with them?

What is love?

Love is when someone is very important to you. There are different types of love: Love for your family, a pet, a person or for a famous person
--Charlotte grade 6

Love is when you have a feeling for another person, thing or a pet. Its when you are happy and that you don't feel bad around that person.--Maeve grade 4

Love is when you love somebody and love them and be together with them forever.--Nithya, grade 5

Love is when you have a feeling for another person. You can love everyone. You can find love if the person is kind to you.--Emilie, grade 5

Love is when you care and worry about someone else and someone you can trust.--Josefine, grade 4



Love is everywhere, anything and everyone, love is a good feeling that you get when somebody gives you something or says something nice to you or just gives you a nice big hug, love is good and bad, everyone has love in them, you just got to show it. Everlasting impacts with compassion and kindness is called love.--Naomi, grade 5

Love is when you have feelings for somebody and you care about them.--Minna, grade 4

Love is when somebody wants to be with you and hug you and kiss you. Love is when somebody likes you a lot - like friend's show Love sometimes.
--Vivienne, grade 4

Love is something you express with something, like if you got a dog you could say "I love U dog" to the dog.--Suprita, grade 4

Love could be anything, it could be love for food, for someone that you care about, for a friend or sibling. --Pragya, grade 6

A feeling that you can't live without them or it otherwise it wouldn't be the same: A special item, family or friends
Amaris, grade 7

Love is something that no one can live without because we need love.
Sara, grade 4

Love is the closest thing we have to magic-- Sofia, grade 4



How do you show love?

I show love by making and giving cards to someone that I love. I also like to give hugs. It is also nice if you go on a trip with someone you love, like your family.--Maeve grade 4

I show love by giving stuff like presents, hugs and kisses to people I love. I love making cards for people that I love because I have very many beautiful heart and butterfly stickers that I like to put on them. I also like to tell people I love them because I love to see the smiles on their faces.--Sara grade 4

I show love when I give hugs and presents to other people, or tell them how much they mean to you in your life.--Pragya grade 6

I show love by kissing or hugging someone else that I care about.--Josephine

You show love by giving cards and giving hugs.--Minna grade 4

I show love by hugging and give kisses to somebody I really love. Especially my parents.--Nithya grade 4

You can show love to be kind and sweet to someone, give things to the person, give hugs and play or be together with that person.--Emilie grade 5

You can show love in many ways, you can't even count them.

One way is to show respect to someone, and care about them, and maybe give them something, and the most important way to show love is to simply just giving another person a hug or a kiss.--Naomi grade 5

I show love when I support someone or show empathy.--Charlotte grade 6

I show love by caring and saying that I love them, sometimes I give them presents. I show love by horse riding and just being in the stable.--Vivienne grade 4

I show love by hugging and showing how much I love them by showing it.--Suprita grade 4

Show them through drawings and words I say to another.--Amaris grade 7

Say nice things to each other--Maximilian grade 3

I show love by saying I love you and giving hugs--Sofia grade 4

Why do we need love?

We need love because we have to love someone to show we are not always grumpy sad or anything.--Suprita, grade 4



You need love because if you don't have love you will never ever have friends.--Nithya, grade 4

You need love because if you don't then you won't have the life you need.--Josefine grade 5

If you don't have love you will be lonely, sad, angry, and you will feel you are the only one in the world.
--Minna grade 4

We need love. If we don't have love we would have a very sad life. We have love because we want happiness and happiness is made of love.--Maeve, grade 4

If we don't have love we would be lonely and sad. We need love so we can be happy and feel happy in others. If we didn't have love we couldn't have a family or friends.--Emilie, grade 5

We need love to survive without love you would be lonely. Without love you would not feel left out. I think that love is the most important thing in the world. Love is fuzzy warm feeling.--Charlotte grade 6

We need love because love is the most important thing we have in life, and without it we are nothing, and also without love everyone would be sad and grumpy.

Love is deep inside of our hearts, so no one can ever take that away from us. Love is so important, that we can actually die without, and love is a really good feeling, and everyone likes and wants to be happy, it's a want and a need. We are love !!--Naomi, grade 5

We need love to be happy because without it we are all miserable.
Sara: grade 4



We need love because if you don't have love you might be very sad in life and you won't have the energy to do fun stuff.
Vivienne grade 4



We need love because if we don't get love from someone, we would be depressed and sad a lot. We need love to keep us going.
Sofia grade 4



LOVE IS A CHOICE AS MUCH
AS IT IS A FEELING

The Pop-up Restaurant Pioneers

This year's grade 6 are the first in the history of AIS (and maybe even in an IB school in Norway) to open up a pop-up restaurant. The pop-up restaurant was based around their exhibition project.

Exhibition Groups

Garden

Gardens can help communities in many different ways

Pollution

The ways which food is grown and packaged can impact our environment and health

Bee

Bees are important for both human and nature to survive

Diet and Health

How our lifestyle choices can affect the way we eat

Food Technology

We appreciate how and why technology is used in food for different reasons

Grade 6's **Pop-up** Restaurant Menu

Entrée

Potato soup with wild garlic oil and dandelion bread with wild garlic butter
(Garlic and dandelion were picked from the forest at Arendal International School)

Main Course

Roast chicken with jerusalem artichoke purée and vegetables
Vegetables harvested from local gardens and Agder University Aquaponics plant

Palate cleanser

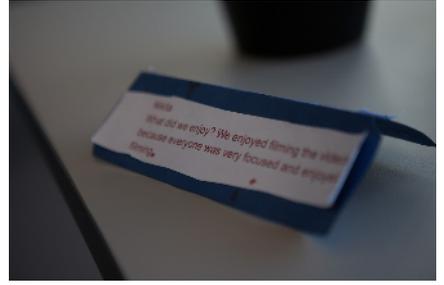
Mint granité

Mint from Hesnes Gartneri

Dessert

Honey semifreddo ice-cream with honeycomb and chocolate sauce.
Honey was obtained from a bee farm in Birkelund. The chocolate was from Heimdal chokolade.





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EXHIBITION 2017
CONGRATULATIONS GRADE 6!



FAREWELL AIS GRADUATES!

Sophia on her big day! We wish grade 10 all the best on their journeys forward!



A proud moment as Sophia receives her diploma from Principal Bente Pedersen and Vice Principal Marius Sommer Strand



Class of 2017 with their Homeroom Teacher Mrs Karianne Warren

**Congratulations
Class of 2017!**

Senior Editor and Editors

A BIG welcome to the new Senior Editor of the International Newsletter, Yvonne, grade 9! Yvonne has been part of the Newsletter Crew for almost as long as the newsletter has been up and running! Yvonne has had several roles in the newsletter, involving writing and photography. She is a creative, principled member of the crew, who is always happy to do her share and more!

A BIG welcome to Charlotte and Pragya, grade 6, as the joint Editors! Charlotte and Pragya have been with the newsletter since day one. They really enjoy working with the newsletter and are always enthusiastic to help! They have also had several roles, including writers and reporters.

The Newsletter Crew typically learn valuable skills a different skills, that include: time management, IT, communication, teamwork, inquiry, reflection and open-mindedness.



WE **LOVE** THE INTERNATIONAL NEWSLETTER!



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'We are looking forward to the *back to school* edition!

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